

Isn't This Easy?!?

Matthew 11:28–30

Following Jesus becomes easy

when we stop complicating what God made simple.

I. Religious People

- Jesus stated my yoke is easy and my burden is light because the religious people were making it hard for everyone
 - Are you patterning your life after Christians who have modeled the wrong lifestyle?
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II. Paul and Timothy

- Timothy was Paul's Protégé
- While Timothy was feeling the demands of ministry, Paul gave him simple instructions for making the load light
- Paul gave 3 illustrations: Soldier / Athlete / Farmer

Reference: II Timothy 2:4–7

III. Soldiers

- In the military world, soldiers don't have a voice. They have a responsibility
 - In the civilian world, every civilian has a voice but they have no responsibility
 - To create a lighter load, we must shut down the voices in our life that are bringing distraction
 - Who are you giving ear to that is bringing confusion?
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IV. Athletes

- Understanding the rules of the game allows us to enjoy the game better
- Athletes must know the rules before they play

Reference: Matthew 22:34–40

- Jesus gave two simple rules to follow:
 - Love God
 - Love People
 - Lighten the load and follow these two simple rules
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V. Farmers

- The load becomes lighter when we learn to enjoy what the Lord has given us
- The first lie ever told in the Garden of Eden is still being told today:
 - “What you have isn’t enough.”
- Are you overloaded physically, relationally, emotionally?
- The heavier the load, the faster we run out of gas
- Jesus said, Come to me